

# Spring 2015 Program Guide



## Information

#### **Recreation Department Supervisor** Jill Wisnowski JillW@townofsweden.org Phone: 431-0050 **Community Center Recreation Assistants, Full Time** Joe Kincaid— 431-0088 loeK@townofsweden.org Megan DeMarco- 431-0086 MeganD@townofsweden.org Tracy Crooks—431-0087 TracyC@townofsweden.org Grant Holupko - 431-0087 GrantH@townofsweden.org **Recreation Assistants, Part Time** Andre' Calzone Ashley Hermance George Kimball **Clerical Assistant** Diane Samons -DianeS@townofsweden.org / 431-0090

#### Sweden Town Board

Robert A. Carges, Supervisor Rebecca Donohue, Councilperson Robert Muesebeck, Councilperson Donald Roberts Jr., Councilperson Danielle Windus, Councilperson

#### Clarkson Town Board

Paul Kimball, Supervisor Patrick Didas, Councilperson Christa Filipowicz, Councilperson Allan Hoy, Councilperson Jackie Smith, Councilperson

#### **Community Center** April Ist—April 30th Closed: April 5th, May 10th, 25th M-Th 6am-9pm F 6am-8pm Sat 8am-6pm Sun 8am-3pm May 1st— May 31st M-F 6am-8pm Sat 8am-3pm Sun 8am-12pm The Center April Ist-May 31st

M,T,Th, Fri 9am-3pm Wed 9am-4pm **The Center will be closed:** April 3rd, May 25th Now accepting online registrations! Our online system <u>DOES</u> accept credit card payments.



\*\*We no longer accept credit card payments at either center \*\*

### **Registration Policy**

To register for Sweden/Clarkson Recreation programs, payment must be submitted with a completed registration form for each participant and program. Please register early to avoid cancellation of programs. In the case of sports programs, participants/ teams must meet registration deadline. Registrations accepted via mail, fax, e-mail or online.

### **Non-Resident Policy**

Any person not residing in the Towns of Sweden or Clarkson may be charged an additional amount. Amounts will be listed under program pricing.

### **Credit/Refund Policy**

Refunds will be given upon request to anyone who cancels from a program at least one week (5 working days) prior to the start of the program, or in the case of sports programs, 3 weeks prior to the 1st practice. There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor's note is provided. All refunds will be subject to a \$10.00 processing fee per person/per program. Certain programs, such as the fitness center are non-refundable.

### **Gift Certificates**

Gift Certificates are for Sweden/ Clarkson Recreation Department programs only and cannot be redeemed for cash or refund to a credit card.

### Financial Assistance/ Scholarships

Financial Assistance and Scholarships are available prior to registering for a program. Grant applications will be reviewed upon receipt of completed application, requested documentation and completed Registration Form.

### Videotaping

There is no videotaping allowed in the Community Center unless you have received advance permission from the Recreation Director.

### Locker Rooms and Lockers

There are locker rooms and a shower available for use by our fitness center members. Lockers can be used on a daily basis. Locks available upon request.

#### Weather Cancellation Hotline for Programs

Recreation Program status is updated on the 24-hour information hotline @ 585-431-0085. The hotline is updated by 4:30 pm each day based on weather conditions.

#### Facility Closing Information YNN NEWS

Our official page is Sweden Clarkson Recreation &

**The Center in Brockport NY** Please follow us there for more up –to-date information and occasionally local deals from our

partners.



Website swedenclarksonrec.com

## **EASTER EVENT!**

## Saturday, March 28th 9-11am

8th Annual Pancake Brunch! Presented by the VanDusen & Wisnowski families to raise money for the local food shelf Served from 9–10:30am \$3 per person

Easter Egg Hunt at 10:15am in the gym!

Please bring your own basket!

Face painting, crafts, games, jellybean contest, and more!! PLUS...get your picture taken with the Easter Bunny!

1st Annual Doubles Pickleball TournamentWhen: Saturday, April 18thTime: 10amPrice: \$10 per personWhere: SCCC GymIncludes: pizza, drinks, and prizes!

Ages 18+ Register as an individual. Random draw for teams. Round Robbin format, then single elimination bracket. Games to 11pts. Championship match will be best of 3

## JULY 3<sup>RD</sup> 2015 SWEDEN CLARKSON'S 2<sup>ND</sup> ANNUAL INDEPENDENCE DAY DASH

Pre- Registration: (1/17/2015-6/12/2015) \$20.00

Late Registration: (6/13/2015-7/2/2015) \$25.00

Race Day Registration- 8:00 AM: (7/3/2015) \$30.00

YELLOWJACKET

Racing



Trail/Road Race at Sweden Town Park @9am Free T-shirt for first 15 online registrants! Awards available for Top Runners! Online registration available at <u>www.RunSignUp.com</u>

Volunteers Needed!

Please contact race director Megan DeMarco at megand@townofsweden.org for information.

## **Pre-School Programs**

## Little Steps play and learn

Introducing Miss Mary and Miss Tammie Come join us for simple routines, story time, arts & crafts and enriching games in a place where creativity encourages learning, caring encourages friendships, and a loving environment encourages social and emotional growth.

2 year olds ..... Day Date Time Price Program # 3796-B T &Th 3/24-5/21 9:45-11:15 \$ 40

3 & 4 year olds ... <u>Day Date Time Price</u> Program # 3796-A M&W 3/23-5/20 9:45-11:15 \$40

\*\* No Class 3/30-4/3\*\*

#### Tot Art & Crafts

Come and learn to create some fun arts and crafts with Ms. Tracy. Tell your friends bring them too! Age 3-5 Location: Small Activity Room.

Day	Date	Time	Price
Prog	ram #3795-	-A	
Th	4/9-4/30	4:45-5:30pm	\$25

#### Tot & Parent Beginner Sign Language

Come learn basic sign language with Tracy. You will learn colors, numbers, the alphabet, days of the week and more. Tot & Parent ages 3-5 Location: SCCC Conference Room Min. 8 Max 20 Day Date Time Price Program #3795-B Tues. 4/7-5/12 5-5:45 \$25

## Coming Fall 2015.... Busy Bees - Little Steps play and learn

Introducing a play and learn program for 2 year olds. Come join us for simple routines, story time, arts & crafts and enriching games. (No need to be potty trained).

Introducing our early learning program for 3 & 4 year olds. Join us in one of two sessions where we will prepare your child socially, emotionally, and academically. Your child will engage in routines that will promote early literacy skills and early math concepts; preparing them for school readiness. (Must be potty trained)

September 29th-May 26th Monday, Wednesday and Friday 9:30-11:30 Tuition: \$765.00 w/ \$25.00 non-Refundable Deposit or Monday-Friday 12:30-2:30 Tuition: \$990.00 w/ \$25.00 non-Refundable Deposit Payments can be made

Come meet our NYS certified teachers; Mary Tyndell and Tammie VanDetta at our Ice Cream Social Open House/ Registration, Wednesday March 11th, 5:30-7:30p.m. at the SCCC

#### **Toddler Tumbling**

Instructor Catlin is back for another round of tumbling! This popular tot program is perfect for keeping your tot busy while having a blast. Ages 3&4

Max:10

Location: SCCC Large Activity Room 2

DayDateTimePriceProgram #3797-ATue3/31-5/56pm-6:45pm\$30

#### **Jazz Dance**

Switch gears a little for spring and come try Jazz Dance with Morghan Hall! Offered for tots, this class is great for beginner dancers, or those with some experience who want to try a new style. A close-toed shoe is recommended. Ages 3-5.

Location: SCCC Large Activity Room

Day	Date	Time	Price
Program	n # 3797-B		
Sat	3/28-4/18	11-11:45am	\$20



#### **Cooking 101 For Tots**

Ms. Tammie and Ms. Mary will introduce children to healthy food choices, kitchen safety, and cooking skills, while having fun learning a life skill. Your little chef will prepare delicious kid friendly recipes to eat and share. They will also create a cookbook to take home. We will explore living with food allergies, proper portion sizes and living a healthy life style.

Ages 3&4

Location	: SCCC Kitcl	nen/Cafe	
Day	Date	Time	Price
Program	# 3797-С		
Sat	3/14-5/2	9-10 am	\$34
**NO C	LASS on 3/2	8 & 4/4**	

#### **Tot Instructional T-Ball**

This class is designed to get your 4 or 5 year old geared up and ready for the upcoming spring t-ball leagues. We will learn catching, throwing, fielding and hitting! Come out and get an early start on the baseball season! Coach Joe will be teaching class! Ages: 4-5 Location: SCCC Gym West \*\*NO CLASS 4/6\*\*

 Day
 Date
 Time
 Price

 Program #3797-D
 Mon
 3/30-4/27
 5-5:45pm
 \$25

**Busy Bee's** Early Learning Summer Camp 3-5 year olds. T,W,Th from 9:45-11:45

\$40.00 per week

#### OPEN HOUSE/Early Registration On Monday, March 16th from 5-7pm @ Sweden Clarkson Community Center

Week 1......(6/23-6/25) Friendships - #3798-A Week 2......(6/30-7/02) Gardening - # 3798-B Week 3......(7/07-7/09) America the Beautiful -#3798-C Week 4......(7/14-7/16) Safety and 911 - #3798-D Week 5......(7/21-7/23) Butterflies & Bugs - #3798-E Week 6......(7/28-7/30) Zoo Animals - #3798-F Week 7......(8/04-8/06) Health & Nutrition - #3798-G Week 8......(8/11-8/13) Fun with Food - #3798-H Week 9......(8/18-8/20) Dr. Seuss - #3798-I Week 10......(8/25-8/27) Our Community - #3798-J

A WONDERFUL way to introduce your early learner to pre-school and Kindergarten. We will engage in story time, arts & crafts, and enriching games. Our loving environment will encourage social and emotional growth. For questions please e-mail us at <u>busybeeslearningandtutoring@gmail.com</u>

> Instructors: Ms. Mary and Ms. Tammie (NYS certified teachers)

#### **Jazz Dance**

Switch gears a little for spring and come try Jazz Dance with Morghan Hall! Offered for youth, this class is great for beginner dancers, or those with some experience who want to try a new style. A close-toed shoe is recommended.

Ages 6-10.

Location: SCCC Large Activity Room

Day	Date	Time	Price
Progra	um #3799-A		
Sat	3/28-4/18	12-12:45pm	\$25

### **Cooking 101 For Youth**

Ms. Tammie and Ms. Mary will introduce children to healthy food choices, kitchen safety, and cooking skills, while having fun learning a life skill. Your little chef will prepare delicious kid friendly recipes to eat and share. They will also create a cookbook to take home. We will explore living with food allergies, proper portion sizes and living a healthy life style. Ages 5-11

Location: SCCC Kitchen/Café

Day	Date	Time	Price
Program	n # 3799-B		
Sat	3/14-5/2	10:15-11:15 am	\$34
**NO	CLASS on 3/	/28 & 4/4**	

#### **Youth Pickleball**

Wonder what pickleball is? It's a fun and engaging paddle game that's a lot like a larger version of ping pong. Kids will learn the basics of the fun sport and play some games as well. Participants are not required to bring any equipment. Coach Joe will be instructing the class! Ages: 6-10

Day	Date	Time	Price
Program	n #3799-C		
Mon	3/30-4/27	6-7pm	\$25

#### **Youth Tumbling**

Instructor Catlin is ready to come back for tumbling again! Great for children with some experience of for those just beginning. This program is sure to keep your child entertained while learning fun skills. Ages 5-7 Max:10 Location: SCCC Large Activity Room 2

Day	Date	Time	Price
Progra	m #3799-D		
Tue	3/31-5/5	7-7:45pm	\$30

#### **Cheer and Stunt Clinic**

Join Jess Vanwuyckhuyse for 4 classes of cheer and stunt instruction. Boys and girls ages 5-14 will learn the basics of cheerleading including jumps, arm motions, cheers, and proper stunting. A cheer/dance performance will be performed for parents on the final night. Perfect for beginners or those with some experience. Closed toe/heel shoes required. Please wear comfortable clothing. Location: SCCC Gym

Day	Date	Time	Price
Progra	т <b>#3799-</b> Е		
T/Th	4/21-4/30	6-7:30pm	\$30



#### Youth Arts & Crafts

Come and learn to create some fun arts and crafts with Ms. Tracy tell your friends bring them too! Age 6-10 Location: Small Activity Room.

Day	Date	Time	Price
Prog	ram #3799-	F	
Th	4/9-4/30	5:45-6:30pm	\$25

#### Youth Tae Kwon Do

Children will learn confidence, respect, responsibility & self discipline. Join Rob Slocum in this class for Ages 6-12. Location: SCCC

Day	Date	Time	Price
Program	n #3800-A		
M/Th	3/30-5/14	7-8pm	\$30

#### **Beginner Sign Language**

Come learn basic sign language with Ms. Tracy you will learn colors, numbers, the alphabet, days of the week and more. Bring a friend learn together! Ages 6-12 Location: SCCC Conference Room

Min 8 Max 20

Day	Date	Time	Price
Program	#3800-В		
Т	4/7-5/12	6-6:45	\$30

#### **Girls Lacrosse**

Girls lacrosse is back at Sweden Clarkson Recreation! Come join us for the spring/ summer league. Saturday will be game day with practices throughout the week. Games will be played with minimal travel and practices will be held locally at Hafner park. SUNY Brockport Coach Steve Wagner along with Brockport College and Varsity players will be assisting in the program. Jerseys and shorts will be provided. Let's build back up girls lacrosse for seasons to come. Items required by participant will be mouth guard, goggles and stick.

Day	Date	Time	Price
Grades 3/4	4 Program #380	00-C	
MWF	April-June	6-7:30	\$75
Day	Date	Time	Price
	Date 6 Program #380		Price

#### **Beginner Leadline Horseback Riding**

Horseback riding is back! In this beginner class, students will ride the horse led by an adult. Parent participation is encouraged but not required. Helmets will available for use. Please come prepared for the weather in appropriate clothing/footwear. Participants may bring a carrot or apple as a snack for the horses! Max: 3 students per session. Sessions are 4 weeks in length. Ages 5-8. Please email instructor Karie Mann with any questions: karie4771@yahoo.com Location: Church Hills Stable: 179 Church Road Hilton NY 14468 Time Day Date Price Session 1 Program #3801-A 6-6:30pm Tue 3/31-4/21 R\$55/NR\$60 3/31-4/21 7-7:30pm Tue R\$55/NR\$60 Mon 3/30-4/20 10-10:30am R\$55/NR\$60 Session 2 Program #3801-B 4/28-5/19 6-6:30pm Tue R\$55/NR\$60 Tue 4/28-5/19 7-7:30pm R\$55/NR\$60 Mon 4/27-5/18 10-10:30am R\$55/NR\$60

#### **Beginner Youth Horseback Riding**

Participants in this beginner class will learn to do everything involved with horses including grooming, tackle, and of course riding! Helmets will available for use. Please come prepared for the weather in appropriate clothing/footwear. Participants may bring a carrot or apple as a snack for the horses! Max: 3 students per session. Sessions are 4 weeks in length. Ages 9-17. Please email instructor Karie Mann with any questions: karie4771@yahoo.com Location: Church Hills Stable: 179 Church Road Hilton NY 14468 Day Date Time Price Session 1 Program #3801-C 4/2-4/23 6:30-7:30pm R\$90/NR\$95 Th Session 2 Program #3801-D 4/30-5/21 6:30-7:30pm Th R\$90/NR\$95



### Is your child playing on a youth team through the Recreation Center?

If you would be interested in coaching please return the following information with your child's registration.

Name:\_\_\_\_\_\_ Sport: \_\_\_\_\_

Home Number: Cell Number:

Email:

Cut out and attach this form to your child's registration!

#### Youth Baseball/Softball Leagues

\*\* REGISTRATION DEADLINE IS: MARCH 1<sup>st</sup> \*\* \*A copy of your child's birth certificate is also required upon registration for all ages\*

> 1 Base T-Ball 3-4 yrs olds #3781-A May/June (SATURDAYS) Fee: R/\$25-NR/\$35

Coed T-Ball 5-6 yrs olds #3781-B May/June (WED/SAT) Fee: R/\$25-NR/\$35

Coed Juniors 7-8 yrs olds #3781-C May/June (TUE/THUR/SAT) Fee: R/\$45-NR/\$65

Boys Minor 9-10 yrs olds #3781-D May/June (TUE/THUR/SAT) **Mandatory Evaluation Day:** Sat April 25<sup>th</sup> 9am-11:30am **Location: SCCC** Fee: R/\$55-NR/\$75

Boys Major 11-12 yrs olds #3781-E May/June (TUE/THUR/SAT) **Mandatory Evaluation Day:** Sat April 25<sup>th</sup> 11:30am 1:00pm **Location SCCC** Fee: R/\$55-NR/\$75

Girls Softball 8-12 yrs old #3781-F May/June (MON/WED/SAT) **Mandatory Evaluation Day:** Sat April 25<sup>th</sup> 1:00pm-2:30pm **Location SCCC** Fee: R/\$55-NR/\$75



**PONY League \*REGISTRATION DEADILINE IS:** APRIL 30<sup>th</sup> \*

Boys U-14 (13-14 yrs old) #3781-G June-August (TUE/THUR/SAT) Fee: R/\$85.00-NR/\$105 Boys U-17 (15-17 yrs old) #3781-H June-August (MON/WED/FRI) Fee: R/\$85.00-NR/\$105

Age Requirement Must be age appropriate by May 1, 2015

## **Team Sports & Youth Programs**

Youth Soccer REGISTRATION DEADLINE IS: MARCH <sup>1st</sup>

#### <u>U-4 CO-ED</u> (AGES 3&4)

Program #3783-A Wednesdays June/July All Games at 6:30 pm Program Fee: R/\$25-NR/\$35

#### U-6 CO-ED (AGES 5&6)

Program #3783-B Mondays June/July All Games at 6:30 pm Program Fee: R/\$25-NR/\$35

\*\*\*U-4 and U-6 Games Are Played at Sweden Clarkson Community Center\*\*\*

#### <u>U-8 GIRLS</u> (AGES 7&8)

Program # 3783-C Tuesdays/Thursdays June/July Games at 6:00 pm & 7:15 pm Program Fee: R/\$45-NR/\$65

#### <u>U-8 BOYS</u> (AGES 7&8)

Program # 3783-D Mondays/Wednesdays June/July Games at 6:00 pm & 7:15 pm Program Fee: R/\$45-NR/\$65

#### U-10 GIRLS (Ages 9&10)

Program #3783-E Tuesdays/Thursdays End of May through July Fee: R/\$55-NR/\$75

#### U-10 BOYS (Ages 9&10)

Program #3783-F Mondays/Wednesdays End of May through July Fee: R/\$55-NR/\$75

#### U-12 GIRLS (Ages 11&12)

Program #3783-G Tuesdays/Thursdays End of May through July Fee: R/\$55-NR/\$75

#### U-12 BOYS

(Ages 11&12) Program #3783-H Mondays/Wednesdays End of May through July Fee: R/\$55-NR/\$75



#### \*\*AGE AS OF AUGUST 1<sup>ST</sup>, 2014 DETERMINES LEVEL OF PLAY\*\* What is M.U.R.S.L.?

Monroe United Recreation Soccer League recreational youth soccer league where the focus is fairness, character and good sportsmanship.

#### M.U.R.S.L.

Visit MURSL.org to find league rules and information, Coaches and contact lists, Field Information and Schedules.

Participation in this league requires travel to other towns for games

#### \*\*ATTENTION\*\* VOLUNTEER COACHES AND REFEREES ARE NEEDED FOR ALL LEVELS OF PLAY

## **Youth Programs**

## **Before/After School Program**

### Croc Roc's Before & After School

### **Drop-In Recreation Program**

It is our pleasure to offer a safe, secure drop-in before-school and drop-in after-school recreation program in the Brockport area. Sweden Clarkson Recreation has created this recreation program at the community center to entertain, play board games, arts & crafts and sports to serve the Brockport School District and surrounding areas. Children are under the supervision of our trained staff, which includes a Recreation Supervisor, two Recreation Leaders, two Recreation Assistants and Site Supervisors. Your child will participate in a balanced recreational program of activities that promote asset building and social interaction. We have use of a fullsize gymnasium, playground, outdoor basketball courts, game rooms, and an adult fitness room. Our concession area with vending machines will be open for children to buy snacks with their own money.

Hours of Operation				
Monday-Frida	y 6:30-8:45am	3:30-6:00pm		
<b>Before School</b>	After School	<b>Before &amp; After</b>		
Ra	ate if paid prior to the 25th of the prior r	nonth		
\$8.00	\$8.00	\$14.00		
D	rop-In Rate after the 25th of the prior m	nonth		
\$10.00	\$10.00	\$19.00		

#### Transportation

Upon your child's enrollment into our drop-in recreation program, you must contact the school district transportation office and arrange bus service for your child. Your child will be bussed from the community center to school and from school to the community center.

Do you struggle to help your child with homework? Is Common Core causing chaos in your homework routines? Are you constantly rushing; trying to get dinner prepared, get to practices on time, and homework done?

## Let Busy Bee's Help!!!!!

We offer after-school homework help and individual tutoring. Already a member of the After School Croc Roc program.?....Great! Then we can offer you a discount!!!! We will assist your child with homework and give extra help where needed, all before you pick up! Fees as follows: \*Students attending Non-Croc Roc Brockport Schools may be students: bussed to the \$48.00 per week Sweden Clarkson Croc Roc students: \$39.00 Community Center. per week \*\*Registration packets (M-Th 4-5:15 p.m.) need to be filled out Private tutoring: \$25.00 prior to starting. per hour Any questions please contact: (by appointment) Mary Tyndell or Tammie VanDetta

At 775-9219 or by e-mail at: busybeeslearningandtoturing@gmail.com

#### TOT SWIM

This swim class is for those wee little ones who are not very familiar with the water. In this class, we will learn to enter the pool safely, get our face completely wet, blow bubbles with mouth and nose, back float, front float and hold onto the side of the pool independently. Parent is required to enter pool with child. Ages infant-4 years old.

Day	Date	Time	Price
Session	I Program #380	)2-A	
Wed	4/8-5/13	6:15-6:45pm	\$45
Session	II Program #38	02-B	
Sat	4/11-5/16	11-11:30pm	\$45

#### LEVEL I TETRAS

Children in this group will work on entering and exiting the pool safely, submerging, changing direction while walking or swimming, floating on front and back, and swimming on front and back with support. Ages 5+. Max 6

Time	Price		
DayDateTimePriceSession IProgram #3802-C			
6:15-7pm	\$50		
Session II Program #3802-D			
11-11:45pm	\$50		
	<u>Time</u> 3802-C 6:15-7pm 3802-D		

#### **LEVEL II TROUT**

Children in this group will work on entering water by stepping or jumping from the side, exiting water safely using ladder or side, submerging, rhythmic breathing, opening eyes underwater, picking up objects in shallow water, front and back glide, treading water and swimming on front, back, and side using arm and leg motions.

Ages 5+. Max 6

Day	Date	Time	Price
Session I Program #3802-E			
Wed	4/8-5/13	6:15-7pm	\$50
Session	II Program #3	3802-F	
Sat	4/11-5/16	11-11:45pm	\$50



#### **LEVEL III GOLDFISH**

Children in this group will work on jumping into deep water from the side, submerging and picking up an object in chest deep water, floating in deep water, treading water using hand and leg motions, and front and back crawl. Max 6

Day	Date	Time	Price
Session I Program #3802-G			
Wed	4/8-5/13	7:15-8pm	\$50
Session	n II Program #	3802-Н	
Sat	4/11-5/16	12-12:45pm	\$50

#### **LEVEL IV YELLOW FINS**

Children in this group will work on performing a dive from a standing position, swimming underwater, performing feet-first surface dive, treading water with different arm and leg motions, front crawl, breaststroke, butterfly, elementary backstroke, and swimming on side using scissor kicks. Max 6 Dav Date Time Price Session I Program #3802-I Wed 4/8-5/13 7:15-8pm \$50 Session II Program #3802-J Sat 4/11-5/16 12-12:45pm \$50

#### **LEVEL V BARRACUDA**

Children in this group will work on standing dive, shallow dive, surface dives, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, treading water with two different kicks, and survival swimming. Max 6

Day	Date	Time	Price
Session	I Program #38	302-К	
Wed	4/8-5/13	7:15-8pm	\$50
Session	II Program #38	302-L	
Sat	4/11-5/16	12-12:45pm	\$50

#### **ADULT WATER FITNESS**

Challenge yourself in a fun workout with instructor Chrisa Yaeger.

Day	Date	Time	Price
Progra	um # 3802-M		
Wed	4/8-5/13	8-8:45pm	\$50

### \*All Swim Programs take place at Brockport High School Pool\*

#### **EPIC SATTEY TRAINING Babysitter Training**

This class teaches participants the roles and responsibilities of a babysitter and includes skills in: accident prevention, first aid and abdominal thrusts for choking victims. Participants receive a workbook and a certification card upon completion.

Please bring a bagged lunch. Location: SCCC

Day	Date	Time	Price
Prograi	m #3803-A		
F	3/20	9am-2:30pm	\$52

\*\*Please bring a self addressed stamped envelope to class!\*\* To receive your certification card

#### **Home Alone Safety**

This 2-hour class is designed to teach children ages 7-12, who are home alone, the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of emergencies such as power outages and fires.

Location: SCCC

Day	Date	Time	Price
Program	#3803-В		
F	3/20	2:30-4:30pm	\$27

\*\*Please bring a self-addressed envelope with a stamp on it to class!\*\*

#### **First Aid For Kids/Scouts**

Designed to teach participants the skills of basic first aid and accident prevention. Learn to recognize and respond to injuries. Ages 8-14 Location: SCCC

DayDateTimePriceProgram #3803-CF3/201-2:30pm\$22\*\*Please bring a self addressed stamped<br/>envelope to class!\*\*<br/>To receive your certification card

Busy Bee's Summer 2015 Reading and Math Academy

1st-5th grade T,W,TH from 8:15-9:15 \$35.00 per week Come meet Instructors: Ms. Mary and Ms. Tammie (NYS Certified Teachers) on March 16th from 5-7 @ Sweden Clarkson Community Center for early registration.

Week 1......(7/07-7/09) - #3804-A Week 2.....(7/14-7/16) - #3804-B Week 3.....(7/21-7/23) - #3804-C Week 4.....(7/28-7/30) - #3804-D Week 5.....(8/04-8/06) - #3804-E Week 6.....(8/11-8/13) - #3804-F Week 7.....(8/18-8/20)- #3804-G Week 8.....(8/25-8/27)- #3804-H

\*\* Registration is due by June 19th for all sessions,

\*\*\*Payments can be made weekly prior to enrolled week.

Our math foocus will be on helping your child gain a more solid understanding of math skills while increasing their confidence of Common Core Math.

Our reading focus will be individualized based on your childs' needs. We will continuously focus on reading strategies, comprehension, fluency, the writing process, and using writing conventions.

For questions please e-mail us at <u>busybeeslearningandtutoring@gmail.com</u>

#### **Beginner Belly Dance**

If you have wondered what Belly-dance is all about, come find out! Belly-dance is one of the oldest forms of dance. This is suitable for people of all shapes and sizes. You will be on your feet for the entire class. Each class will begin with a warm-up to loosen up muscles and joints and will build off the previous class as well as adding new elements each week. You will learn body isolations, head, neck, shoulder, arm and hip movements. Please wear comfortable clothing and suitable footwear (bare feet, ballet slippers, socks, jazz shoes with no heels or sneakers). Don't forget to bring water! Ages 18+ Instructor: Kathy Keady Location: SCCC Min: 3

Day	Date	Time	Price
Program	#3805-A		
Th	4/9-5/14	6-7pm	\$30

#### **Beyond Beginner Belly Dance**

If you have taken an introduction course for belly-dance, this class might be for you! This is a continuation from an introductory class and is designed to move you into more complex movements and technique. This is suitable for people of all shapes and sizes. You will be on your feet for the entire class. Each class will begin with a warm-up to loosen up muscles and joints and will build off the previous class as well as adding new elements each week. You will learn body isolations, head, neck, shoulder, arm and hip movements, steps to connect movements and continuation of dance choreography. Please wear comfortable clothing and suitable footwear (bare feet, ballet slippers, socks, jazz shoes with no heels or sneakers). Don't forget to bring water! Ages 18+ Instructor: Kathy Keady Location: SCCC Activity Room

Day	Date	Time	Price
Program #	<sup>‡</sup> 3805-В		
Th	4/9-5/14	7-8pm	\$30

#### Clogging

Instructor Lisa Garino is ready to continue clogging classes through the winter! With over 28 years of experience, Lisa is ready to teach beginners and participants with some knowledge already. Come see what all the excitement is about! You do not want to miss out on this great opportunity! Ages 18+ Location: SCCC Small Activity Room

Day	Date	Time	Price		
Beginner Program #3805-C					
Mon	3/30-5/18	6-6:45pm	\$40		
Intermedia	ate Program #38	05-D			
Mon	3/30-5/18	7-7:45pm	\$40		

### **Yoga Stretch**

This class will incorporate yoga poses with the emphasis on stretching. Gentle guidance into breathing awareness will lead you into deep relaxation. Please bring a yoga mat. Instructor: Barb Whited. Ages 16+. Location: SCCC

Day	Date	Time	Price
Program	#3805-Е		
Wed	4/8-5/13	7-8pm	\$40

#### Vinyasa Flow Yoga

When life gets in the way and you're feeling stressed and tight, soothe your body and soul with this user-friendly yoga workout. Please bring a yoga mat. Instructor: Barb Whited. Ages 16+. Location: SCCC

Day	Date	Time	Price
Session	I Program	#3805-F	
Mon	4/6-5/11	6-6:45pm	\$40
Session	II Program	#3805-G	
Mon	4/6-5/11	7-8pm	\$40

#### **Body Sculpting**

With upper and lower body working at the same time, you will get a complete body workout. This class will also work on balance, core and a bit of yoga for good measure. Instructor: Barb Whited. Ages 16+. Location: SCCC

Day	Date	Time	Price
Program	n #3805-H		
Wed	4/8-5/13	6-6:45pm	\$35

#### Bingo

Come for a day of fun with your friends. We will have lunch then play a few games of bingo. Meet with Megan in the conference room at the community center. Ages 55+

Dates	Day	Time	Price
4/15&5/20	Ŵ	12-2pm	\$2.00 per card

#### **Total Body Workout**

Join instructor Chrisa Yaeger in a 45 minute class combining cardio, strength training and core work to get you into great shape. All fitness levels welcome. Location SCCC Adult Fitness Room

Day	Date	Time	Price
Program #380	06-A		
Mon/Wed	3/30-5/20	12:15-1pm	\$60

#### Adult Softball Leagues (Spring/Summer)

Leagues are forming at the Sweden Clarkson Community Center! All leagues are for adults ages 18 and up. Games will be played a Clarkson Recreation Park, formerly know as Ridgewood Park, on Rt. 104 in Clarkson. There will be later games this year under the lights, so come out and show us how you swing it!

\*Sweden/Clarkson Recreation will be holding a captains meeting before the season on April 16th, 2015 from 6-8 pm at the community center. Teams will need to have their captain or a representative from their team at this meeting. League fees will also be due at this time\*

\*Both registration and FULL payment must be receive to secure a spot in each league!\*\*

10 5000	n e a spot m caen	icague.	
Day	Date	Time	Price
Sunday	y Mens - Program	#3806-В	
Sun	May-August	6-9pm	\$500
Monda	y Coed - Program	#3806-C	
Mon	May-August	6-9pm	\$500
Tuesda	ay Mens - Program	n #3806-D	
Tue	May-August	6-9pm	\$500

#### Clogging

Instructor Lisa Garino is ready to continue clogging classes through the winter! With over 29 years of experience, Lisa is ready to teach beginners and participants with some knowledge already. Come see what all the excitement is about! You do not want to miss out on this great opportunity! Ages 18+ Location: SCCC Small Activity Room

Day	Date	Time	Price		
Beginner I	Program #3807-	А			
Mon	3/30-5/18	6-6:45pm	\$40		
Intermediate Program # 3807-B					
Mon	3/30-5/18	7-7:45pm	\$40		

## Jazzercise

Brockport, NY			
4927 La	ake Road		
SC Commu	inity Center		
585.73	38.3555		
bkpt_spen_ja	zz@yahoo.com		
6:00 a.m.	M, T, W, Th, F		
7:30 a.m.	M, T, W, Th, F		
8:30 a.m. Sat, Sun			
9:00 a.m.	M, T, W, Th, F		
4:45 p.m.	M,W,F		
6:00 p.m.	Т		

#### **Open Tae Kwon Do**

This class is open to children & adults. It is a great opportunity to get an introduction to martial arts & to complement our current students' training schedule. The 1st part of this class includes warm up, basics & stretching; 2nd part, independent training to advance in belt rank. Join Rob Slocum in this class for ages 5-adult. Location: SCCC Date Time Dav Price Program # 3808-A 4/4-5/16 9-10am Sat \$10

#### Adult Tae Kwon Do

Experience the benefits of setting new goals through a well-rounded Martial Arts exercise program. This class teaches the disciplines of Tae Kwon Do plus Shao-lin Chin-na Kung Fu specifically designed for adults. Join Rob Slocum in this class for ages 12+.

Location: SCCC				
Day	Date	Time	Price	
Program	#3808-В			
Tues/Fri	3/31-515	7-8pm	\$30	

## **Active Adult & Family Programs**

SilverSneakers® participants will receive a fitness center membership benefits and SilverSneakers® classes at the Sweden/ Clarkson Community Center and Sweden Senior Center. SilverSneakers® programs are designed for older adults to help them:

#### Have more energy, Improve balance, Increase strength, Increase flexibility

#### Meet new people

Whether you want to take a class, walk in the gym, use the treadmill or other fitness equipment, we'll welcome you and help you get started. All of this is covered by your insurance company and the simple swipe of your SilverSneakers® card. Classes offered include:

Sweden/Clarkson Community Center	4927 Lake Road	
MONDAY, WEDNESDAY, FRIDAY	CLASSIC	11 AM
TUESDAY & THURSDAY	CARDIO	10 AM
Visit sither leastion on call 421	0000 to loom how you can how we	a manula an af tha CileranGu

Visit either location or call 431-0090 to learn how you can become a member of the SilverSneakers® family!

\*NEW\* Silver & Fit participants will receive a fitness center membership covered by your insurance company, please stop in and fill out a registration packet & form and you can get started!

## 2015 Fitness Center Memberships

Membership	1 month	3 Month	1 Year
Youth/Senior (16-18 & 55+)	\$20	\$50	\$175
Adult (18-55)	\$25	\$65	\$235
Family* (16+)	\$75	\$185	\$640
Each Additional Family Member	\$15	\$35	\$115
*Family membership covers up	to 4 people: that must	reside at the same residence	e

\*Family membership covers up to 4 people; that must reside at the same residence Daily Rates Available for out of town guests: Adult \$10 / 55+ \$8

All Zumba classes are \$5 per class OR purchase a 5 class pass for \$20 OR a 10-class pass for \$40. Ages 16+. All classes held at Sweden/Clarkson Community Center. Instructor Melissa Mutter (www.facebook.com/myzumbapassion) Call for dates/times.

#### Zumba

Ditch the workout and join the party! Burn up to 1,000 calories in this fun and exciting blend of international based music and dance. Zumba combines dance moves and muscle-toning exercises to create the perfect total body workout. This class is designed for all fitness levels, and no dance experience is needed! Come shake it...and bring plenty of water!!

#### Wednesdays & Thursdays from 6:30-7:30pm

#### **Zumba Toning**

A unique blend of body-sculpting techniques and the Zumba moves you love combined into one calorieburning, strength training class. We will use light weights to build strength and tone all those target areas, all while having FUN! Don't miss this NEW and exciting class! Great for men and women of all fitness levels. **Offered on Mondays from 4:15-5:15pm** 

## **Open Programs**

#### Walking/Running

Monday-Friday 9:00am-10:00pm FREE **Open Basketball** Monday-Thursday 12:00pm-3:00pm Cost: Residents \$1, Non-Residents \$2 **Open Pickleball** Monday-Friday 10:00am-12:00pm Cost per person per day Residents \$1, Non-Residents \$2 **Toddler Gym** For ages 5 & under ONLY. (Children must be accompanied by an adult). Cost \$2.00 per child per day.

\*\*Please call for availability and to confirm open gym times. Any open gym/play times may be altered to accommodate special events or times that have been reserved for private use.\*\*



## **Active Older Adult Programs**



133 State Street Brockport, NY 14420 Phone: 585-637-8161

## **Special Dining Opportunities**

Sit-down, full service dining starts in our all new Café every Tuesday at Noon on April 7th! Maximum diners is 24 so please call 637-8161 to check availability and make reservations. Donations are requested but not required to help fund the program.

Movies & Snacks every Thursday in our Café! Every Thursday from 10-Noon. Come see a family friendly movie and enjoy a snack. Call to get the movie schedule and make your reservations. Cost is \$2.50 No reservation is required but seating is only available for 24 people so please call ahead to reserve yourself a spot.

> We offer Give-A-Lift program at our center to anyone needing a ride to and from appointments that are not able to secure a ride for themselves. Please call our office between the hours of 10-2pm Mon-Fri to schedule a ride or get more information. OPur on how you can be a give a lift driver

## Lifetime Assistance Serves Lunch Daily!

WHERE: 133 State Street

**COST:** Donation scale is \$3-\$6 based off participants ability to donate. Donation is not required just suggested to help maintain the program! WHEN: Meals served M-F at noon

(\*A more formal lunch is served Tuesdays with a max of 30 seats) Reservations are required so please call in advance to reserve your spot at 637-8161.

> The Center is all about families so we welcome you to give us a call or stop in to see what we have to offer. We are open to new ideas for programs to make all ages feel welcome. Call the office at 637-8161

## **Active Older Adult Programs**





2nd Friday Each Month—Proceeds benefit SSAI April 10th from 11:30-1pm—RSVP by 4/8/15 Pizza Party Luncheon Sponsored in part by local restaurants, Wal-Mart & Images By Courtney

May 8th from 11:30-1pm—RSVP by 5/6/15 Chicken BBQ by 58 Main Sponsored in part by Wal-Mart

June 12th from 11:30-pm—RSVP by 6/10/15 Pulled Pork Kick-off to Summer Luncheon Sponsored in part by Wal-Mart

July 10th from 11:30-pm—RSVP by 7/8/15 4th of July Celebration (serving picnic style food w/ Hot Dogs) Sponsored in part by Wal-Mart

Pricing for Luncheons are \$6 for everyone 18-55 & \$4 for kids under 18 & adults 55+ when payment is collected at the door. Advance purchase tickets are \$5.00 for everyone 18-55 and \$3.00 for kids under 18 & adults 55+, advance purchase tickets will be sold at The Center one up until the Friday before each luncheon date.

We are always look for community sponsors and entertainers for our monthly luncheons. Please contact Deanna Irvine at 637-8161 to inquire about partnering with The Center to advertise for your business or group.





The Center Staff

**Building Supervisor** 

Day

Wed

133 State Street Brockport, NY 14420 Phone: 585-637-8161

10-1pm

\$20

**Special Interest Groups** 

#### Deanna Irvine- 637-8161 Wed 9am-4pm All are welcome to attend our ongoing special interest groups. Deannal@townofsweden.org The Center will be closed: The cost is \$1 per visit/meeting except SSAI which is free. Groups are organized by residents and non-residents in the area April 3rd Part-time Assistants who like to share their interests with others. For questions about May 25th Dottie Coia - 637-8161 existing groups or to start a group please contact our office at 637 June 3rd and 6th DottieC@townofsweden.org -8161. Special Interest Group meetings cannot exceed 1.5 hours and are limited by space restrictions, so please call ahead for schedule changes. **Community Service Groups** SSAI—Always free to attend We have a few community service groups at the center and are Dav Time eager to add a few more. If you have a community service group 2nd Monday of the month 1-2pm looking for a place to gather please contact our office at 637-8161 to see what times and space we have available. **TOWPATH BUTTON CLUB—\$1/meeting** Some service groups are free of charge and others have a small fee. Dav Time Please call use to discuss the options we have available. 4th Tues of the month 10:30-11:30am QUILTING **Bible Study/Discussion Group—\$1/meeting** Can you tie a knot? That's all the expertise you need to help us make quilts for homeless, battered and needy families in our area. Dav Time Location: The Center Upstairs Room 10:30-11:30am Tues Time Day Price Program # 3774-A **Book Discussion Club—\$1/meeting** Mondays 9am-12pm FREE Dav Time 1st Mon of the month 12:30-1:30pm **Community Sewing Group** Help us make quilts for homeless, battered and needy families in our area. No sewing experience is needed, supply and equipment donations are wel-**Elderberry's Group** come. Location: The Center Upstairs Room Program #3777-B Day Time Price Come join a wonderful group of seniors and enjoy Program # 3774-B some games and activities for an hour and then enjoy a Thursdays 9am-12pm FREE casual lunch in our upstairs activity room. Special **Knitting Club** events and trips are planned throughout the year at an Meets to knit and crochet chemo caps for area cancer patients. We additional cost to interested Elderberry members. provide the yarn. If you have any to share we would gladly accept it for this or other projects. Location: The Center Living Room Area Dav Time Price

The Center Hours

M,T,Th, Fri

April Ist—August 31st

9am-3pm

Time Price 1st & 3rd Thursday monthly Program # 3774-C 10-Noon FREE

## Lifetime Assistance Serves Lunch Daily!

WHERE: 133 State Street

**COST:** Donation scale is \$3-\$6 based off participants ability to donate.

Donation is not required just suggested to help maintain the program!

WHEN: Meals served M-F at noon (A more formal lunch is served Tuesdays with a max of 30 seats)

#### Reservations are required so please call in advance to reserve your spot at 637-8161.



SilverSneakers® participants will receive a fitness center membership benefits and SilverSneakers® classes at the Sweden/ Clarkson Community Center and The Center. SilverSneakers® programs are designed for older adults to help them:

#### Have more energy, Improve balance, Increase strength, Increase flexibility

#### Meet new people

Whether you want to take a class, walk in the gym, use the treadmill or other fitness equipment, we'll welcome you and help you get started. All of this is covered by your insurance company and the simple swipe of your SilverSneakers® card. Classes offered include:

The Center	133 State Street	
TUESDAY & FRIDAY	CLASSIC	9:45 AM
TUESDAY	YOGA	11 AM
Visit either location or call 431-00	90 to learn how you can become	a member of the SilverSneakers® family!
	11	1 1 11 11

\*NEW\* Silver & Fit participants will receive a fitness center membership covered by your insurance

Different dances each day. Location: Octagon Room at The Center Day Date Time Program I # 3809-A Wednesdays 9:15-10:30am \$2 per class paid at the door-registration required Program II #3809-B Thursdays 9:15-10:30am \$1 per class paid at the door-registration required

#### **STRETCH & TONE**

Stretch & Tone is a stretching class with bands that helps keep you limber and strong. Instructed by Joyce Henion & Barb Carter Attend all or just a few classes in a session. Day Time Price Program #3775-A Mon & Thurs 1-2pm \$16 Walk-in Available for \$1 per class

#### Open tai Chi

Tai Chi is primarily practiced today to improve health, increase energy, as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr <u>NEW</u> Location: The Center <u>Day</u><u>Time</u><u>Cost</u> Program # 3811-A Mon & Fri 1pm \$1 per class \*No class March 6, 9, 13, and 16th

### The Center Fitness Room

\$5.00 per month or a year membership for\$2.50 per month when paid in advance.Come check-out our fitness center which includes a beautiful view of the historic Erie Canal.Call or visit us at The Center for all the details.

#### Beginner TAI CHI FORM 6

Tai Chi is primarily practiced today to improve health, increase energy, as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr

**<u>NEW</u>** Location: The Center

 Day
 Date
 Time

 Program #3811-B
 Fri
 4/3-5/29
 2pm

 Price: 18 to 59years—\$40
 Price: 60+ years - \$33
 \$33

#### QIGONG SHIBASHI

Tai Chi Qigong Shibashi is designed to improve the general health and well being of the practitioner. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. The overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is effective and easy to learn. Instructor: Jane Harr

NEWLocation: The CenterDayDateTimeProgram # 3811-CMon 4/6-5/212pmPrice: 18 to 59yrs -\$40.00Price: Seniors 60+years - \$33



133 State Street Brockport, NY, 14420 Phone: 585-637-8161

<b>New Events and Programs!</b> We are always working on new programs and events. Check our Facebook Page at The Center in Brockport NY or online at SwedenClarksonRecreation.com under Senior Center to get the latest events and program information. You can also call our office Mon-Fri 9-3 at 637-8161 to get more information.				
Organized Card GamesCome make new friends or join with old friends forcards. Program is held at The Center everyWednesday. The cost is \$1.00 at the door each dayyou attend. Advance purchase cards are also avail-able at the desk, for \$8 for 10 weeks.DayGameProgram #3812-AWedPinochle12:30-4pmProgram #3812-BWedBridge12:30-4pm	Ceramics and/or CraftsLearn basic painting techniques to paint ceramic pieces.Students choose their own bisque ware to paint with the helpof color suggestion when needed. Paints andpaintbrushes are supplied.Instructor: Carol PassanitiDay Date Time PriceProgram #3813-ATues 4/7/-5/26 9-11:15am \$32+materials for the session are not included in the pricing forall activities.			
Other games are also played throughout The Center on different days so please stop in or call our office.         BINGO AT THE CENTER         Join us at The Center for some Bingo and a light lunch! Prizes awarded (no cash prizes). Program runs every Monday .         All Ages Welcome!         Location: The Center Dining Room Registration required then pay for as few or as many cards as you want.         Program #3814-A         Day       Time         Mon       11am-Noon         \$1         * \$1 gets you 2 cards per game, no card max.	Baking Club Do you enjoy baking? Our baking club meets every Tuesday and Thursday from 1-3pm in the kitchen at The Center to bake and package cookies to sell. Each package is sold for \$1 and helps to raise funds for SSAI; our Senior Association that helps support and improve senior programs in our area. You must be 12 or older to participate in baking club, no registra- tion is required but please stop into our call the office at 637-8161 to become an approved volunteer and get a baking schedule. Non-perishable unopened baking supplies are always welcomed at : The Center located at 133 State Street in Brockport. Please drop them off with office staff and tell them its for the baking club!			
Singers are directed by Maryellen Giese and perform at lo	and non-seniors) who LOVE to sing! The Sweden Senior ocal care centers, with school choruses of all ages, and for rough May and follow the school calendar. Please call our			

133 State Street Brockport, NY, 14420 Phone: 585-637-8161



#### Are you looking for a beautiful, yet inexpensive location for your next work, family or social event....then please contact us at 637-8161 to reserve your function with us. We offer a fully functional Chef's kitchen, a dining room to hold up to 500 people, and a Café to host smaller parties up to 30 people.

Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour
Upstairs Room	\$25	\$35	\$15
Octagon Room	\$25	\$35	\$15
Dining Room	\$35	\$45	\$15
Kitchen	\$45	\$55	\$15
Dining/Kitchen Together	\$55	\$65	\$15
Café	\$25	\$35	\$15
Outdoor Gazebo—FREE	\$25 deposit to hold reservation	\$25 deposit to hold reservation	N/A



## **Recreation & Park Facilities**

#### **Community Center**

Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour
Full Gym	\$75	\$150	\$50
Half Gym	\$50	\$75	\$25
Large Activity Room	\$25	\$55	\$15
Small Activity Room	\$25	\$50	\$25
Cafeteria w/ kitchen	\$50	\$75	\$25
Game Rooms	\$25	\$50	\$25

#### **Farmers Museum**

Farmers Museum (included kitchen and 2 parlors)	\$25.00	\$30.00	\$15.00
Barn	\$40.00	\$45.00	\$15.00
Funeral Package (2 hour rental includes kitchen and 2 parlors)	\$50.00	\$55.00	\$15.00

#### **Parks & Pavilions**

Park Available	<b>Resident Fees</b>	Non-Resident Fees	Field Preparation/ Security Deposit	Amenities	Whom to Contact
Sweden Town Park— Hafner Park	Football -\$50 All Others—\$30 per field per 3 hour block	Football—\$75 All Others—\$50 per field per 3 hour block	Football—\$50 All Others—\$20 per field per day	Football, Soccer, Lacrosse, and base- ball/softball fields	Recreation Department 431-0090
Sweden Town Park –Lighted Soccer, Lacrosse, Football Fields	\$125 per field per 3 hour block	\$175 per field per 3 hour block	\$20 per field per day	6 Multi-purpose fields -Football, Soccer, Lacrosse	Recreation Department 431-0090
Sweden Town Park—Nietopski Field	\$50 per field per 3 hour block	\$75 per field per 3 hour block	\$50 per field per day	Showcase Baseball Field	Recreation Department 431-0090
Sweden Town Park– Nietopski Concession Stand	\$35 per day	\$45 per day	\$25	Refrigerator, Grill, Hot Dog Machine, Sink, Chest Freezer, Drink Coolers	Recreation Department 431-0090
Sweden Town Park Nietopski Out-door Pavilion	\$25 per day	\$35 per day	\$15	Grill Picnic Tables	Recreation Department 431-0090
Clarkson Recreation Park (Ridge Road)	\$30 per field per 3 hour block 8 am—10 pm	\$50 per field per 3 hour block	\$20 per field per day	Softball fields, lacrosse	Recreation Department 431-0090
Ridgewood Lodge at Clarkson Recreation Park	8 am—10 pm Every day \$150 per day	8 am—10 pm Every day \$150 per day	N/A	Kitchen, restrooms, tables, chairs play- ground, accessible	Clarkson Town Clerk 637-1130
Goodwin Lodge at Hafner Park (enclosed pavilion)	8 am—10 pm Every day \$130 per day	8 am—10 pm Every day \$130 per day	N/A	Kitchen, restroom, tables, chairs, play- ground, accessible	Clarkson Town Clerk 637-1130
San Soucie Park	FREE 1st come 1st served No reservations available	FREE 1st come 1st serve No reservations available	N/A	Located on the Erie Canal, Town of Clarkson	Clarkson Town Clerk 637-1130

## **YOUTH REGISTRATION FORM**



4927 Lake Road Brockport, NY 14420 Phone:(585)431-0090 Fax:431-0052



Web: swedenclarksonrec.com

Name	Birthdate	Gender	Pant/Shirt Size	Program Name	Program #	Cost
	Make Chec	ks Payabl	e To: <b>*Town</b>	of Sweden*	Total	

#### **Medical Information:**

Name	Please list any allergies, behavioral or medical issues your child's coach should be aware of to make your child's experience as positive as possible.

#### Household Information: Parent Names:

Email	Home Phone	Cell Phone	Work Phone
Address	City	State	Zip

#### Emergency Contact: Name:

Relationship to Child	Home Phone	Cell Phone	Work Phone
Address	City	State	Zip

#### Waiver of Participation/Refund Policy/Photo Release:

Waiver/Refund Policy must be read and signed before registration is accepted. In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child or myself or my child not be readen and its representatives. Successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child or whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. Refund Policy: Please refer to our brochure. Photo Release: I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

Signature: \_\_\_\_\_

Date:

Please be sure to have entire form completed. Incomplete payment or information will cause a processing delay for your child's registration.

Thank You!

Received By: \_\_\_\_\_

23

Date:





**4927** Lake Road Brockport, NY 14420 Phone: (585)431-0090 Fax: 431-0052

#### Web: swedenclarksonrec.com

#### Participant Information:

Name	Birthdate	Gender	Phone
Address	City	State	Zip

#### Program Information: (Use Y-S, Y-M, Y-L, A-S, A-M, A-L, A-XL for sizing)

Program Name	Program #	Shirt Size	Pant Size	Program Cost
Maka	Checks Payable To	Town of Sweden	Total.	

#### Make Checks Payable To: Town of Sweden Total:

#### Medical Information:

Allergy/Condition	Please list any information we should be aware of to make your participation as enjoyable and safe as possible.

#### **Emergency Contact:**

Name	Home Phone	Cell Phone	Work Phone
Address	City	State	Zip

#### Waiver of Participation/Refund Policy/Photo Release:

Waiver/Refund Policy must be read and signed before registration is accepted. In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs. I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. Refund Policy: Please refer to our brochure. Photo Release: I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

Signature: \_\_\_\_\_

_	Date:	

#### Please be sure to have entire form completed. Incomplete payment or information will cause a processing delay for your registration. **Thank You!**

Received By: \_\_\_\_\_

Date:\_\_\_\_